Chief of Service: - Dra. Mª Ángeles Gálvez Moreno

Head of Nutrition Section: - Dra. Mª José Molina Puerta

Nursing Supervisor:

- D. José Berlango Jiménez

## Medical team:

- Dr. Alfonso Calañas Continente
- Dr. Rafael Palomares Ortega
- Dr. Gregorio Manzano García
- Dr. José Carlos Padillo Cuenca
- Dra. Paloma Moreno Moreno
- Dra. Mª Rosa Alhambra Expósito
- Dra. Aura Herrera Martínez
- Dra. Concepción Muñoz Jiménez
- Dr. Ángel Rebollo Román
- Dra. Ana Barrera Martín
- Dra. Mº Carmen Serrano Laguna
- Dra. Julia Silva Fernández

## Bromatologist

- D. José Ferreira Vacas

# Nursing team:

- Dña. Mª Victoria Fernández Ruíz
- Dña. Encarnación Millán Viana
- Dña. Concepción Albalá Paniagua
- Dña. Rosario Reyes Luque
- Dña. Inmaculada Montero Monterroso
- Dña. Carmen Jiménez Pavón
- Dña. Carmen González Tenor
- Dña. Mª Luisa Calle Castro

## **Dietitians:**

- Dña. Serafina Mérida Sánchez
- Dña. Ana Sanz Sanz
- Dn. Alejandro García Puche
- Dña. Sonia Chica Palomino
- Nursing assistant and care team:
- Dña. Ángela Llorente Bravo
- Dña. Carmen Tarifa Jiménez
- Dña. Pilar Toledano Marín
- Dña. Francisca Bazán Alanzabes
- Dña. Marina González Santiago
- Dña. Lucía González Ortiz
- Dña. Sonia Algarra Martínez

# Secretaría:

Dña. Mª Luisa Caridad Torres Oviedo Edificio de CC.EE. Nivel 2. Ala izquierda Dña. Araceli Viana Moreno Hospital General. Planta Baja. Frente a Hematología

- **Consultas Externas:**
- Hospital General: Ed. Consultas Externas. Nivel bajo y nivel 2.
- Hospital Provincial: Entreplanta.
- Castilla del Pino: Módulo C. Nivel 1. 3107-9, 3129.

Planta de Hospitalización: Hospital General. Planta 5ª. Módulo B.

Hospital de Día de Diabetes: Hospital General. Ed. Consultas Externas.





Last Update: July 2022

# INFORMATION TO PATIENTS AND FAMILY: OUTPATIENT SERVICE

We remind you that **NO SMOKING** is allowed anywhere in the hospital.

Endocrinologists inform you that smoking can cause fatal diseases such as cancer or cardiovascular diseases.

# DEPARTMENT of ENDOCRINOLOGY AND NUTRITION





Servicio Andaluz de Salud CONSEJERÍA DE SALUD Y FAMILIAS

Hospital Universitario Reina Sofía

All the members of the Endocrinology and Nutrition Service welcome and wish you a soon recovery.

#### Hospital admission

During your admission, a doctor of the team will lead your medical process and they will be in charge of your stay. They will be responsible for your treatment and will manage the tests you need.

If you have been admitted through the Emergency area it is possible you have to stay out of the unit in case there aren't any available rooms at that moment. If that exceptional case occurs, you will be transferred to the module B of the 5<sup>th</sup> floor as soon as possible.

#### **Admission ward**

From Monday to Friday, on working days, the Endocrinologist will do the medical round between 10.00h and 12.00h. During this period of time, people taking care of you will have to stay out of the ward, in order to make the work of the staff easier and to preserve the privacy of the other patients. In case your family wants information, it will be provided at the end of the round in an office located in the 5<sup>th</sup> floor, module B.

Anytime you or your family needs a document from our Unit you can contact our secretary (Ms. Caridad Torres) from 10.00h to 14.00h in the outpatient consultation building, 2<sup>nd</sup> Floor (West wing)

As you will have noticed, rooms are shared with another patient, so we would ask you to be as quiet as possible and to put your mobiles on silent mode. It is advisable to avoid the use of television and other electronic devices during hours of sleep (From 14.30h to 16.30h and 23.00h to 7.00h)

### **Hospital Discharge**

At discharge, you will be given a medical discharge summary and a nursing one. In those reports you

will be informed of the diagnosis and evolution of your condition and the indications of the treatment of special care in case you needed them. If you need follow-up it will be stated in those reports and you will be given a medical appointment. If the results of any test run during your admission were pending or if it was necessary to see your evolution in the short term we will set you a date in the outpaint consultation, where the endocrinologist in charge of your stay will see you.

#### **Available information**

We put at your disposal informative documents about:

- Second-generation rights such as: Free choice of hospital, free choice of doctor, free choice of second medical opinion and consentment for decision-making.

- Personal data protection
- This unit's portfolio

All this information can be either asked for to the Unit staff or visualized in the Hospital web page (https://www.juntadeandalucia.es/servicioandaluz desalud/hrs3). This direction can also be found by typing ""Hospital Reina Sofía de Córdoba" in any web search engine

In case you need your medical record you can ask the Documentary Service for it, by requesting it to the User Attention Service

#### Satisfaction surveys and suggestions:

To be able to improve, it is important to know the degree of satisfaction and the complaints of the patients and their families. This is why we have available in all our offices and in the Hospitalization area questionnaires with quality of life surveys, where you will be able to add your suggestions. The staff of this unit thanks you for your attention and guarantees that your opinion will be analyzed to amend any possible mistakes there might be and to

evolve into a better quality in the medical assistance.

#### **Directory and business hours:**

• Secretary: 957 011 910. Horario: de 10 a 14 h. E-mail: <u>endonutri.hrs.ssspa@juntadeandalucia.es</u>

• Outpatient consultation General Hospital: 957 010 174. From 11.30h to 14 h.

• Outpatient consultation Hospital Provincial: 957 736 080. From 8.30h to 9.00h.

• Outpatient consultation Castilla del Pino: 957 012 554. From 8.30 to 9.00h.

• Domiciliary nutrition (Nursing team): 957 010 302. From 9.00h to 14.00h.

- Dietitian offices: General Hospital (Ground Floor): 957 010 025. From 12.00h to 14.00h.
- Dietitian offices: Hospital Provincial (Ground Floor): 957 011 896. From 12.00h to 14.00h.