



Tabla de valores de IMC para sobrepeso y obesidad infantojuvenil de 5 a 19 años según estándares de la OMS

EDAD (años)	CHICAS ♀		CHICOS ♂	
	SOBREPESO (+1DE)	OBESIDAD (+2DE)	SOBREPESO (+1DE)	OBESIDAD (+2DE)
5	16.9	18.9	16.6	18.3
5.5	16.9	19.0	16.7	18.4
6	17.0	19.2	16.8	18.5
6.5	17.1	19.5	16.9	18.7
7	17.3	19.8	17.0	19.0
7.5	17.5	20.1	17.2	19.3
8	17.7	20.6	17.4	19.7
8.5	18.0	21.0	17.7	20.1
9	18.3	21.5	17.9	20.5
9.5	18.7	22.0	18.2	20.9
10	19.0	22.6	18.5	21.4
10.5	19.4	23.1	18.8	21.9
11	19.9	23.7	19.2	22.5
11.5	20.3	24.3	19.5	23.0
12	20.8	25.0	19.9	23.6
12.5	21.3	25.6	20.4	24.2
13	21.8	26.2	20.8	24.8
13.5	22.3	26.8	21.3	25.3
14	22.7	27.3	21.8	25.9
14.5	23.1	27.8	22.2	26.5
15	23.5	28.2	22.7	27.0
15.5	23.8	28.6	23.1	27.4
16	24.1	28.9	23.5	27.9
16.5	24.3	29.1	23.9	28.3
17	24.5	29.3	24.3	28.6
17.5	24.6	29.4	24.6	29.0
18	24.8	29.5	24.9	29.2
18.5	24.9	29.6	25.2	29.5
19	25.0	29.7	25.4	29.7



Tabla de IMC para valoración antropométrica infantojuvenil según estándares de la OMS de 2 a 19 años								
EDAD (años)	CHICAS ♀				CHICOS ♂			
	-2DE	+1DE	+2DE	+3DE	-2DE	+1DE	+2DE	+3DE
2	13.3	17.1	18.7	20.6	13.8	17.3	18.9	20.6
2.5	13.2	16.9	18.5	20.4	13.6	17.1	18.6	20.2
3	13.1	16.8	18.4	20.3	13.4	16.9	18.4	20.0
3.5	12.9	16.8	18.4	20.4	13.2	16.8	18.2	19.8
4	12.8	16.8	18.5	20.6	13.1	16.7	18.2	19.9
4.5	12.7	16.8	18.7	20.8	13.0	16.6	18.2	20.0
5	12.7	16.9	18.9	21.3	13.0	16.6	18.3	20.2
5.5	12.7	16.9	19.0	21.7	13.0	16.7	18.4	20.4
6	12.7	17.0	19.2	22.1	13.0	16.8	18.5	20.7
6.5	12.7	17.1	19.5	22.7	13.1	16.9	18.7	21.1
7	12.7	17.3	19.8	23.3	13.1	17.0	19.0	21.6
7.5	12.8	17.5	20.1	24.0	13.2	17.2	19.3	22.1
8	12.9	17.7	20.6	24.8	13.3	17.4	19.7	22.8
8.5	13.0	18.0	21.0	25.6	13.4	17.7	20.1	23.5
9	13.1	18.3	21.5	26.5	13.5	17.9	20.5	24.3
9.5	13.3	18.7	22.0	27.5	13.6	18.2	20.9	25.1
10	13.5	19.0	22.6	28.4	13.7	18.5	21.4	26.1
10.5	13.7	19.4	23.1	29.3	13.9	18.8	21.9	27.0
11	13.9	19.9	23.7	30.2	14.1	19.2	22.5	28.0
11.5	14.1	20.3	24.3	31.1	14.2	19.5	23.0	29.0
12	14.4	20.8	25.0	31.9	14.5	19.9	23.6	30.0
12.5	14.7	21.3	25.6	32.7	14.7	20.4	24.2	30.9
13	14.9	21.8	26.2	33.4	14.9	20.8	24.8	31.7
13.5	15.2	22.3	26.8	34.1	15.2	21.3	25.3	32.4
14	15.4	22.7	27.3	34.7	15.5	21.8	25.9	33.1
14.5	15.7	23.1	27.8	35.1	15.7	22.2	26.5	33.6
15	15.9	23.5	28.2	35.5	16.0	22.7	27.0	34.1
15.5	16.0	23.8	28.6	35.8	16.3	23.1	27.4	34.5
16	16.2	24.1	28.9	36.1	16.5	23.5	27.9	34.8
16.5	16.3	24.3	29.1	36.2	16.7	23.9	28.3	35.0
17	16.4	24.5	29.3	36.3	16.9	24.3	28.6	35.2
17.5	16.4	24.6	29.4	36.3	17.1	24.6	29.0	35.3
18	16.4	24.8	29.5	36.3	17.3	24.9	29.2	35.4
18.5	16.5	24.9	29.6	36.2	17.4	25.2	29.5	35.5
19	16.5	25.0	29.7	36.2	17.6	25.4	29.7	35.5
2-5	-2DE: DELGADEZ		+1DE: RIESGO SOBREPESO		+2DE: SOBREPESO		+3DE: OBESIDAD	
5-19	-2DE: DELGADEZ		+1DE: SOBREPESO		+2DE: OBESIDAD		+3DE: OBESIDAD INTENSA	